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WHAT IS CLAIMED IS:

- 1. A sterilization process challenge device comprising:
- a sterilization indicator contained within a container; and
- a variable diffusion restriction into said container.
- 2. A sterilization process challenge device according to claim 1 wherein the sterilization indicator is a biological indicator.
- 3. A sterilization process challenge device according to claim 1 wherein the sterilization indicator is a chemical indicator indicative of a chemical sterilant.
- 4. A sterilization process challenge device according to claim 1 wherein the variable diffusion restriction comprises a diffusion path into said container.
- 5. A sterilization process challenge device
 according to claim 4 wherein the diffusion path
 comprises an adjustable covering for said path to block
 or unblock portion of said diffusion path.

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- 6. A sterilization process challenge device according to claim 5 wherein the container comprises a first member and second member disposed in telescoping relation with the openings disposed on the first member and the second member forming the adjustable covering.
- 7. A sterilization process challenge device according to claim 4 wherein the diffusion path comprises a plurality of openings.
- 8. A sterilization process challenge device according to claim 7 wherein openings are different in size.
- 9. A sterilization process challenge device according to claim 7 wherein at least one opening is covered with a removable covering.
- 10. A sterilization process challenge device according to claim 4 wherein the diffusion path comprises a slot.
- 11. A sterilization process challenge device according to claim 4 wherein the diffusion path comprises a long narrow path, wherein the diffusion path can be adjusted by trimming the length of the path.

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- 12. A sterilization process challenge device according to claim 11 wherein the diffusion path comprises at least two materials wherein said materials have different capabilities to retain sterilant.
- 13. A sterilization process challenge device according to claim 4 wherein the diffusion path further comprises a sterilant absorber such that the amount of sterilant diffusing to the indicator can be adjusted by the type or the size of the absorber.
- 14. A method for assessing the sterilization efficacy of a sterilization process comprising the steps of:

placing a sterilization process challenge device in proximity to a device to be sterilized during the sterilization process, the sterilization process challenge device comprising a container, a sterilization indicator within the container, an opening into said container and an adjustable diffusion restriction at said opening;

assessing a feature of a load of one or more devices to be sterilized in said sterilization process;

adjusting the amount of diffusion restriction provided by said diffusion restriction based upon said feature of said load; and

indicating the sterilization efficacy with the indicator.

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- 15. A method according to claim 14 wherein the step of adjusting the amount of diffusion restriction comprises adjusting an area of the opening into the container.
- 16. A method according to claim 15 wherein the area of the opening is adjusted by covering or uncovering the opening into the container.
- 17. A method according to claim 16 wherein the opening comprises a plurality of apertures in a wall of the container.
- 18. A method according to claim 14 wherein the diffusion restriction comprises a path into the container and the step of adjusting the amount of diffusion restriction comprises adjusting the length of the path.
- 19. A method according to claim 14 wherein the step of adjusting the diffusion restriction comprises adjusting an amount of absorbent material placed adjacent the indicator.
- 20. A method according to claim 14 wherein the indicator indicates whether a reference organism remains viable.

21. A method according to claim 14 wherein the indicator indicates whether a sufficient amount of a sterilizing gas was present during the sterilization process.